



LA HABRA MONTESSORI PRE SCHOOL MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal/Fruit 1% Milk	Waffles/Maple Syp/Fruit 1% Milk	Bread/Jam/Fruit 1% Milk	Cereal/Fruit 1% Milk	Cereal/Fruit 1% Milk
LUNCH	Cheese Pizza/Salad Fruit/1 % Milk	Mac & Cheese/Veg/Salad Fruit/1 % Milk	Spanish Rice BBQ Franks Fruit Jelly or Yogurt/1% Milk	Pasta with Chicken+Vege Fruit/1 % Milk	Spaghetti/Meat Balls/Veg or Chicken Nuggets+Butter Rice+Vege. Fruit/1 % Milk
SNACK	Crackers/Gold Fish or Fruit + Juice/ 1% Milk	Crackers/Gold Fish Fruit + Juice/ 1% Milk	Crackers/Gold Fish Fruit + Juice/ 1% Milk	Crackers/Gold Fish Fruit + Juice/ 1% Milk	Crackers/Gold Fish Fruit + Juice/ 1% Milk

*We will give fruits after 5:00 pm as a late snack.
Fruits are available through out the day for kids.*

*We will include special items of food as an when available
to make it very interesting for kids.*

Menu is subject to change without prior notice

